



# CYCLING

## **Cycle Route 1 – Old Oaks to The Avalon Marshes (Westhay & Shapwick)**

**This route is a 20.6 miles (33km) circular trip on mostly flat terrain**

- Leave the campsite via the driveway and turn left at the end, following the lane around as far as the hospital, then turn right past the hospital entrance and turn right again towards the roundabout, using the cycle path.
- Follow the cycle path round the roundabout (towards Wells direction) along A39, then take second turning on left. This is a narrow country road with very little traffic. Keep following this road up to a T-junction then turn right towards Godney (this road is a bit busier). Follow this road to a cross roads. Turn left and spend some time at Godney if preferred or continue cycling straight across (direction of Panborough/Wedmore) until reaching another crossroads, then turn left towards Westhay. Continue along this road until reaching Westhay Moor NNR and stop here if you want to explore this reserve for a while. Cycle bars to lock your bike are provided at the entrance.
- Leaving Westhay Moor NNR, continue on this road to the junction and turn left towards Westhay. Pass the pub and as the road bends round to the left take the right turn towards Peat Moors Centre (direction Shapwick) . Stop at the centre for a drink or snack at the Eco Friendly Bites snack bar (toilets round the back of the centre) before continuing along the road to the river bridge.
- Cross the bridge and turn left onto a traffic free cycle and pedestrian path that runs right through Shapwick Heath NNR. Lots of opportunity to study the birdlife and wildlife and visit the hides on the way through. At the end of this section you cross Ashcott Road (or can stop for a drink at the Railway Inn first) onto a second section of traffic free pathway running through Ham Wall NNR. When you get to the end of this section, look out for the sign to the Tea Garden at Sharpham for further refreshment.
- If you visited the Tea Gardens, retrace your route to where the cycle path joins the road and continue along this road for a short distance. At the T-junction turn right and then immediately left onto a short section of cycle path winding through some lovely willows, which brings you into the Industrial area of Glastonbury. Follow the road to a mini roundabout then take the 'no through road' turning (OK for cycles) which will bring you out onto the bypass. Cross over here and follow the Cycleway 3 signs into the centre of Glastonbury.
- Alternatively, turn left and follow the bypass along the cycle path until you reach the roundabout near the hospital, then retrace the first part of the route through Brindham Lane to the Old Oaks.

**Customer feedback is always welcome and encouraged.**

**If you find any part of these directions to be incorrect or unclear, please do let us know.**